



ANGEL KIDS
PEDIATRICS

We Care for Your Angels



FIRST 1 HOUR

Early initiation of breastfeeding
within 1 hour of birth



FIRST 6 MONTHS

Exclusive breastfeeding for the
first 6 months of life



FIRST 2 YEARS

Introduction of nutritionally-adequate and
safe complementary (solid) foods at 6
months together with continued
breastfeeding up to 2 years of age or beyond



Recommended by WHO and UNICEF

<https://www.who.int/news-room/fact-sheets/detail/infant-and-young-child-feeding>